

# **Mohammad Shahid**

**BSc (Hons) MBBS FRCS (Tr & Orth)**

**Consultant Orthopaedic Surgeon specialising in  
Primary and Revision Hip and Knee Surgery**

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## Summary of Curriculum Vitae

<b>Qualifications</b>	BSc (Hons) MBBS (Lond) FRCS (Tr & Orth) Mini MBA
<b>Special interests</b>	Primary and revision lower limb arthroplasty Research
<b>Fellowship training</b>	1. Hip and Knee Primary & Revision Arthroplasty Mr Andrew Manktelow and Mr Peter James Nottingham University Hospitals NHS Trust  2. Lower Limb Reconstruction and Trauma Dr James Waddell St Michael's Hospital Toronto, Canada
<b>Registrar training</b>	Birmingham Orthopaedic Training Rotation
<b>Publications</b>	1 Book 3 Book chapters 20 published papers (2 Randomised Controlled Trials) 2 case reports 2 Book reviews 1 Journal Club Review
<b>Presentations</b>	23 podium presentations 18 poster presentations
<b>Clinical Governance</b>	13 Projects (5 closed loop)
<b>Recent management roles</b>	Rapporteur - Beyond Compliance Advisory Group.
<b>Teaching roles</b>	Honorary Clinical Lecturer, Birmingham University Course convenor for the City and Sandwell FRCS Orth course

## Personal Details

GMC Registration: 6101799  
 CCT Awarded: April 2016  
 On Specialist Register: June 2016  
 Medical Indemnity: MDDUS (M215734)

## Education & Qualifications

London School of Business and Finance <b>Mini MBA</b>	Jun 2016
Joint Committee on Surgical Training <b>Certificate of Completion of Training in Trauma and Orthopaedic Surgery</b>	Apr 2016
Royal College of Surgeons of England <b>FRCS (Tr &amp; Orth)</b>	Feb 2015
Royal College of Surgeons <b>Intercollegiate MRCS</b>	Nov 2008
St. Bartholomew's and The Royal London School of Medicine and Dentistry Degree in Medicine ( <b>MBBS</b> )	1998 - 2004
Guys, Kings and St. Thomas' Medical School <b>Intercalated BSc (Hons) – Anatomy – 2:1</b>	2002 – 2003
A levels - Chemistry (A), Biology (A), Mathematics (A) Computer Science (A), Business Studies (B)	

## Clinical Experience and Career Intentions

I was born in Birmingham and qualified from St Bartholomew's and The Royal London School of Medicine and Dentistry (University of London) in 2004 where I was awarded the Wheelwrights Prize in Paediatrics. During this time I also attended Guy's, Kings and St. Thomas's Medical School in London and did an intercalated BSc in Anatomy.

I did my basic surgical training at UCLH, The Royal National Orthopaedic Hospital and Great Ormond Street Hospital in London. During this time I obtained the MRCS exam. My higher surgical training was on the prestigious Birmingham Orthopaedic Training Program which included the Royal Orthopaedic Hospital. I successfully passed the Fellowship of Royal Colleges of Surgeons exam for Trauma and Orthopaedic Surgery on my first attempt. Shortly afterwards I was admitted to the General Medical Council Specialist Register as an Orthopaedic Specialist.

My fellowship training was in the prestigious arthroplasty unit in Nottingham City Hospital where I learnt how to manage complex hip and knee problems. I also did a travelling fellowship at the Exeter Hip Unit.

In 2017 I moved to Toronto, Canada to take up a place at St Michael's Hospital under the supervision of Professor James Waddell concentrating on complex problems involving the hip and knee.

I returned to the UK to take up my consultant post at Worcestershire Acute Hospitals NHS Trust.

During my training I have published a Physiology Textbook for medical students, numerous book chapters and over 20 scientific papers. I have presented my work nationally and internationally and won numerous prizes. I have also been an honorary lecturer for Birmingham University.

My spare time is spent with my family and I have a young daughter.

<https://www.linkedin.com/in/mohammad-shahid-a61352116/>

[https://www.researchgate.net/profile/Mohammad\\_Shahid11](https://www.researchgate.net/profile/Mohammad_Shahid11)

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## Elective Procedures Performed

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Primary Hip Replacement – Cemented/Uncemented/Hybrid

Primary Knee Replacement – Cemented/Uncemented

Unicompartmental Knee Replacement

Arthroscopy of the Knee plus procedures

Revision Hip Replacement

Revision Knee Replacement

Injections in and around the hip/knee joint

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## Society Memberships

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Royal College of Surgeons of England

British Medical Association

British Hip Society

British Orthopaedic Association

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## Prizes and Grants

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**Royal Centre for Defence Medicine - £30000**

May 2015

**National Institute of Health Research - £ 1000 per patient recruited**

Above grants for a multicentred RCT looking at the stability of unicortical versus bicortical fixation in metacarpal fractures (SUBMIT Trial)

**Naughton Dunn, Warwick. Best Poster Prize**

June 2012

**Runner Up (2<sup>nd</sup>) – Best Clinical Paper at Queen Elizabeth Hospital**

Periacetabular Metastases. A treatment algorithm

**Gordon Holmes Prize in Neurosciences – Runner Up**

2005

Selected by the Royal Society of Medicine to present at this meeting

<b>The Wellcome Trust Student Elective Prize</b>	2003
<b>British Society for Haematology Student Scholarship</b>	2003
<b>Mary Kinross Scholarship</b>	2003
<b>Vandervell Foundation, London</b>	2003
<b>Advance Textiles Products Ltd, London -</b>	2003
Awarded competitive scholarships for my elective project about HIV precautions in Cape Town, South Africa from the above organisations	
<b>Columbia University Scholarship</b>	2003
One of 7 students selected to spend a month at the Ivy League institution, Columbia University in New York, USA.	
<b>Brigadier Haywood Prize – Runner Up</b>	2002
Selected for a national competition where I had to do a poster and oral presentation of a clinical case at the Royal Society of Medicine (RSM).	
<b>British Society for Rehabilitation Medicine Prize</b>	2003
<b>Wheelwright’s Prize for Paediatrics</b>	2002
Awarded the above national and medical school prizes for a study I designed regarding cerebral palsy and the benefits of wheelchair use on posture and spasticity.	

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## Publications and Current Research

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### **Books**

**Shahid M, Nunhuck A**  
Crash Course Physiology. Published by Elsevier in Sep 2008

### **Book Chapters**

**Shahid M, Manktelow A**  
Jumbo Acetabular socket revision  
Adult Hip Master Case Series, Springer. Published in April 2108

**Shahid M, Manktelow A**  
Cement in Cement revision of the femur  
Adult Hip Master Case Series, Springer. Published in April 2018

**Shahid M, Manktelow A**  
Long Stem cemented revision of the femur  
Adult Hip Master Case Series, Springer. Published in April 2018

### **Papers**

#### **Published**

Wu F, Young K, **Shahid M**, Nightingale P, Choudhary S, Craigen M, Jose R, Foster M. Stability of Unicortical versus Bicortical Metacarpal Fracture Internal Fixation Trial (SUBMIT): study protocol for a randomized controlled trial. *Trials*. 2016 Aug 18;17:411

**Shahid M, Kundra R**  
Platelet Rich Plasma – Applications around the knee  
EFORT Open Rev 2017;2:28–34

**Shahid M, Albergo N, Purvis T, Heron K, Gaston L, Carter S, Grimer R, Jeys L.**

Management of sarcomas possibly involving the knee joint, when to perform extra-articular resection of the knee joint and is it safe?

Eur J Surg Oncol.

2017 Jan;43(1):175-180

**Shahid M**, Selzer G

Journal Club Presentation. Published in The Bone and Joint Surgery

<http://www.boneandjoint.org.uk/sites/default/files/journal-club/Walsall%20Manor%20Hospital%2C%20November%202015.pdf>

Chaudhury T, **Shahid M**, Wu F, Mishra A, Deshmukh S

Outcomes after using a Palmaris longus graft for midcarpal instability

J Hand Surg Am. 2015 Jan;40(1):103-8. PMID: 25442769

**Shahid M**, Shyamsundar S, Bali N, McBryde C, O'Hara J, Bache E. Efficacy of using an air arthrogram for EUA and injection of the hip joint in adults.

J Orthop. 2014 Jul 28;11(3):132-5. PMID: 25264407

Wani Z, Bali N, **Shahid M**, Jiggins M, O'Hara J. Air arthrography to confirm intra-articular positioning for hip injections. Ann R Coll Surg Engl. 2014

Jul;96(5):389. PMID: 24992428.

Matharu GS, Shahid M, Pynsent P, Rowlands T

Accuracy of lag screw position when using the dynamic hip screw for intertrochanteric fracture fixation

Trauma. Sep 2014

**Shahid M**, Saunders T, Jeys L, Grimer R

Outcomes after surgical treatments for periacetabular metastatic lesions

Bone Joint J. 2014 Jan;96-B(1):132-6. PMID 24395324

Wu F, Rajpura A, **Shahid M**, Sandher D

An Unrecognised Case of a Scapula Fracture Sustained through an Unusual Indirect Mechanism

Case Reports in Orthopaedics. Volume 2 (2013), Article ID 848953. PMID 24187638

**Shahid M**, Wu F, Deshmukh S

Operative treatment improves patient function in recalcitrant medial epicondylitis

Ann R Coll Surg Engl. 2013 Oct;95(7):486-8. PMID 24112494

**Shahid M**, Hussain A, Bridgeman P, Bose D

The Treatment of Tibial Non Unions using the Ilizarov technique

Arch Trauma Res. 2013 Aug;2(2):71-5. PMID: 24396797

**Shahid M**, Bourne K, Mahroof S, Wu, F, Jose R, Titley OG

Ethnic variations in hand flexibility

Hand Therapy. Volume 18 Issue 3. September 2013

Wu F, **Shahid M**, Deshmukh S

Immediate Mobilisation versus Immobilisation Following Excision of the Trapezium

J Hand Surg Eur Vol. 2013 Jul 22. PMID: 23877726

Wu F, **Shahid M**, Waldram M

Audiovisual distraction as an adjunct to anxiety relief in hand surgery with regional anaesthesia.

Randomised Control Trial

J Hand Surg Eur Vol. 2013 Jun 21. PMID: 23479395

**Shahid M**, Tindall A

Payment by Results. Are we missing something?

Int J Health Care Qual Assur. 2013;26(4):387-91. PMID: 23795429

**Shahid M**, Leedham-Green M, Breuer J

Does the Adherence of Universal Precautions Correlate with the Prevalence of Blood Borne Infections?  
Journal of Hospital Infection, July 2005 60 289-290. PMID: 15949623

**Shahid M**, Johnson J, Nightingale P, Gunson B, Neuberger J  
Nutritional Markers in Liver Allograft Recipients.  
Transplantation, Feb 2005, Vol 79 (3): 359-362. PMID: 15699770

Kaufman HL, Harandi A, Watson MC, Carter EL, DeRafelle G, **Shahid M**, Fine RL  
An unusual case of pancreatic panniculitis following vaccination against carcinoembryonic antigen (CEA) and MUC-1.  
Lancet Oncology Jan 2005 Vol 6 Issue 1: 62-63. PMID: 15629278

**Shahid M**

Buggy-to-wheelchair transfers for children with cerebral palsy: Parents' and Therapists' opinions  
International Journal of Therapy and Rehabilitation, Dec 2004, Vol 11, No 12: 560-566

Isidori AM, Kaltsas GA, **Shahid M**, Morris D, Jenkins P, Chew SL, Monson JP, Besser GM & Grossman AB.  
Discriminatory value of the low-dose Dexamethasone Suppression test in establishing the diagnosis and differential diagnosis of Cushing's Syndrome.  
Journal of Clinical Endocrinology and Metabolism. Nov 2003 88(11): 5299-5306. PMID: 14602765

**Shahid M**. Book Review. Myofascial Pain and Fibromyalgia Syndromes: A Clinical Guide to Diagnosis and Management. Spine. 28(11):1212, June 1, 2003.

**Shahid M**. Book Review: ECG Diagnosis Made Easy. The British Journal of Cardiology. Apr 2002; Vol 9, Issue 4: 225

**Shahid M**, Chaudhary S. Learning anatomy on cadavers. For and against. Student BMJ. Sep 2001; 9: 346-347

**On going**

Chowdhry M, **Shahid M**, Hussain N, Atrey A, Waddell J  
A Matched Cohort Study comparing short with conventional length Uncemented Femoral Stems

**Shahid M**, Chowdhry M, Hussain N, Atrey A, Waddell J  
Prospective Randomized Trial Comparing Alumina Ceramic-on Ceramic with Ceramic on Conventional Polyethylene Bearings in Total Hip Arthroplasty.  
A minimum of 15 years follow up.

Bloch B, **Shahid M**, James P  
The Attune TKR has a decreased reoperation rate and improved clinical outcome compared to PFC – a single surgeon series of 1000 TKRs.

**Shahid M**, Shears E, Tansey R, Chan S, Wu F, Bache E, O'Hara J  
Open reduction for Developmental Dysplasia of the Hip between 12 and 18 months. Medial approach open reduction or delayed anterior reduction. Which is the best strategy?



**Presentations/Abstracts**

<b>Title</b>	<b>Authors</b>	<b>Type</b>	<b>Meeting</b>	<b>Abstract</b>
Payment by Results in an orthopaedic setting Walsall Manor Hospital	Dhillon D, Awad F, <b>Shahid M</b> , Selzer G	Poster	SICOT, Italy, 2016	
Improving consent for neck of femur fracture surgery with pre-printed consent labels	Mughal Z, Jama G, <b>Shahid M</b> , Selzer G	Podium	Walsall Manor Hospital	
Audit looking into the routine measurement of CRP/ESR post hip/knee arthroplasty in Walsall Manor Hospital	Dhillon D, Awad F, <b>Shahid M</b> , Selzer G	Poster Podium Poster	SICOT, Italy, 2016 Walsall Manor Hospital Nov 2015 Naughton Dunn Nov 2015	
Lateral meniscus popliteomeniscus fascicle tears - an unusual cause of locked knee. How to identify on MRI scans	<b>Shahid M</b> , Chaudhury T, James S, Choudhary S, Ashraf T	Poster Poster	BASK 2015 EFORT 2015	
Malignant bone tumours involving the knee joint: What are the outcomes of extra-articular resections?	<b>M. Shahid</b> , L. Gaston, T. Purvis, K. Heron, F. Wu, C. Graci, N. Albergo, L. Jeys, R. Grimer	Poster	EMSOS 2014	<a href="http://www.emsos.org/images/downloads/2014_EMSOS_Book_of_Abstracts.pdf">http://www.emsos.org/images/downloads/2014_EMSOS_Book_of_Abstracts.pdf</a>
Vein sheathing for sensory nerve repair in the upper limb	Wu F, <b>Shahid M</b> , Jose R	Poster Poster	BSSH Naughton Dunn	
Soft tissue stabilisation for midcarpal instability	Chaudhury T, <b>Shahid M</b> , Wu F, Misra A, Deshmukh S	Podium	BSSH- Gateshead	Journal of Hand Surgery
Efficacy of using an Air Arthrogram for EUA and Injection of the Hip joint in Adults	<b>M Shahid</b> , Shyamsundar S, Bali N, Mcbryde C, O'Hara J, Bache E	Podium Poster	Naughton Dunn Nov 2013 British Hip Society 2014	JBJS proceedings
Audit of Consent Forms of Patients who have undergone a Hemiarthroplasty or Dynamic Hip Screw	Tansey R, Miah H, <b>Shahid M</b> , Thomas B, Kulkarni S	Podium	Sandwell Hospital, July 2013	
Awareness of the tip apex distance amongst orthopaedic surgeons and trainees	Matharu GS, <b>Shahid M</b> , Pynsent P, Rowlands T	Poster	EFORT – Istanbul, Turkey, June 2013	

Mobilisation versus Immobilisation Following Excision of the Trapezium	Wu F, <b>Shahid M</b> , Deshmukh S	Podium  Podium	BOA Congress, Birmingham Oct 2013  British Society for Surgery of the Hand, Harrogate, 2013	Journal of Hand Surgery
Care of the Amputated Finger	<b>Shahid M</b> , Power D	Poster	International Federation of Societies for Surgery of the Hand, New Delhi, Mar 2013	IFSSH handbook
Golfers Elbow Release	<b>Shahid M</b> , Wu F, Deshmukh S	Poster	Naughton Dunn Nov 2012	
The use of Thyroid Shields in Orthopaedic theatres.	<b>Shahid M</b> , Watkin H, Tansey R, Malik S, Ahmed S, Roy S	Podium  Podium	BOA Congress, Birmingham Oct 2013  Naughton Dunn Nov 2012	JBJS proceedings
Ethnic variations in hand flexibility	<b>Shahid M</b> , Mahroof S, Bourne K, Wu, Simpson C, Lawson-Smith M, Jose R, Titley OG	Podium  Poster	International Federation of Societies for Surgery of the Hand, New Delhi, Mar 2013  British Society for Surgery of the Hand, York, Oct 2012	IFSSH abstract book  Journal of Hand surgery
Audiovisual Distraction as an adjunct to anxiety relief in Hand surgery with regional anaesthesia	Wu F, <b>Shahid M</b> , Lawson-Smith M, Hayward S, Rees G, Waldram M	Poster  Podium	British Society for Surgery of the Hand, York, Oct 2012  Naughton Dunn Nov 2012	Journal of Hand Surgery abstract book
Bridge Plate Distraction osteosynthesis for periarticular fractures of the hand and wrist	Lawson-Smith M, Simpson C, <b>Shahid M</b> , Wu F, Anwar U, Tan S, Jose R, Power D	Poster	British Society for Surgery of the Hand, York, Oct 2012	Journal of Hand Surgery abstract book
Periacetabular Metastases. A treatment algorithm	<b>Shahid M</b> , Saunders T, Jeys L, Grimer R	Poster  Poster  Podium	Naughton Dunn, Warwick June 2012  EMSOS, Bologna, Italy, May 2012  British Hip Society, UK, 2012	JBJS proceedings

Early Results of a multidirectional angular stable locking plate for 4 corner fusion of the degenerative wrist joint	Simpson C, Lawson-Smith M, <b>Shahid M</b> , Waldram M, Craigen M, Power D	Poster	British Society for Surgery of the Hand, York, Oct 2012	Journal of Hand Surgery abstract book
Compression Stockings in Spinal Surgery Shahid M,	<b>Shahid M</b> , Saunders T, Malik S, Ul Haque A	Podium	AO Trauma Congress, Hong Kong, May 2012	AO congress abstract book
The Treatment of Tibial Non Unions using the Ilizarov technique	Shahid M, Hussain A, Malik S, Bose D	Poster  Podium	BOA Congress, Manchester, Sep 2012  Naughton Dunn Meeting, Warwick June 2012	JBJS proceedings
A new marker for entry into the femoral canal	<b>Shahid M</b> , Tindall A	Podium	European Association of Clinical Anatomy, Padua, Italy, July 2011	Clinical Anatomy Journal Vol 25 (2) March 2012
Payment by Results. Are We missing something?	<b>Shahid M</b> , Tindall A	Podium	Naughton Dunn Meeting, Wolverhampton, June 2011	
Variability in post-operative fluid and electrolyte prescription: are we alone?	Kamali AW, <b>Shahid M</b> , Ham R, Mandersloot G	Podium	International Congress for Gastroenterology and Surgery, Prague, The Czech Republic, Sep 2005	Hepato-Gastrology Aug 2005, 52(1): 71
Does the Adherence of Universal Precautions Correlate with the Prevalence of Blood Borne Infections?	<b>Shahid M</b> , Leedham-Green M, Breuer J	Podium	British Society for Haematology, 45th Annual Scientific Meeting, Manchester, UK, April 2005	British Journal of Haematology 2005 Apr; 129 Suppl 1:1-89
Skull Thickness in Normal Children	<b>Shahid M</b> , Kountouri M, Natarajan K, Sgouros S	Podium	32nd Annual Meeting of the International Society for Paediatric Neurosurgery, Buenos Aires Argentina, 2004	Child's Nervous System, August 2004 Vol 20 (Number 8-9)
Are Intercalated Degrees associated with higher Marks in Clinical Exams?	<b>Shahid M</b> , Agha R	Podium	Association for the Study of Medical Education (ASME) Annual Scientific Meeting, UK, 2004	ASME abstract book

What Aspects Are Believed To Be Important When A Child With Cerebral Palsy Progresses From A Buggy To A Wheelchair	<b>Shahid M</b>	Podium	2 <sup>nd</sup> UK-Dutch Rehabilitation Society Meeting 2004, Edinburgh, Scotland, UK	British Society of Rehabilitation Medicine Abstract Book for 2 <sup>nd</sup> UK-Dutch Meeting 2004.
Discriminatory value of the low-dose Dexamethasone Suppression test in establishing the diagnosis and differential diagnosis of Cushing's Syndrome.	Isidori AM, Kaltsas GA <b>Shahid M</b> , Morris D, Jenkins P, Chew SL, Monson JP, Besser GM Grossman AB	Podium	84th Annual Meeting of the American Endocrine Society (ENDO) San Francisco, USA Jun 2002	
An Unusual Vascular Complication after Laparotomy for Bowel Obstruction in Hirschsprung's Disease	<b>Shahid M</b> , Rennie JA	Podium	Royal Society of Medicine, London 2003	RSM Abstract book

### *Audit/Service Improvement*

I understand the importance of clinical audit to improve clinical excellence and service change. This is evidenced by the audits/service evaluation projects I have been involved in.

Mughal Z, Jama G, **Shahid M**, Selzer G

Improving consent for neck of femur fracture surgery with pre-printed consent labels

We found hip fracture patients were not adequately consented and so we instigated the use of pre printed labels on the consent forms (Jan 2016)

Dhillon D, Awad F, **Shahid M**, Selzer

Audit looking into the routine measurement of CRP/ESR post hip/knee arthroplasty in Walsall Manor Hospital (SS/MSK/11)

We found there was an unnecessary use of post op inflammatory markers which was wasting time and money (Dec 2015)

Dhillon D, Awad F, **Shahid M**, Selzer G

Payment by Results in an orthopaedic setting

We demonstrated that the orthopaedic department was not being financially prudent in claiming for all the procedures performed (Nov 2015).

Everett R, Smith G, **Shahid M**, Karthikeyan R, Cooper J

Use of Exogen ultrasound bone healing system in the treatment of long bone fractures with non-union

We found that there was poor uptake of Exogen usage (May 2015)

**Shahid M**, Wu F, Dunlop D, Baloch

Inflammatory markers post primary hip/knee replacement

We found that there primary hip and knee replacement patients were getting unnecessary post operative inflammatory markers (Jan 2015)

Tansey R, Miah H, **Shahid M**, Thomas B, Kulkarni S

Audit of Consent Forms of Patients who have undergone a Hemiarthroplasty or Dynamic Hip Screw

We found the consent forms were inadequately completed (Apr 2014)

Matharu GS, **Shahid M**, Pynsent P, Rowlands T

Accuracy of lag screw position when using the dynamic hip screw for intertrochanteric fracture fixation (CAD-04730-12)

Poor understanding amongst orthopaedic surgeons of the Tip Apex Distance (Dec 2013)

**Shahid M**, Watkin H, Tansey R, Malik S, Ahmed U, Roy S

The use of Thyroid Shields in Orthopaedic theatres.

We found there was poor compliance to wearing of thyroid shields. This was due to the lack of shields available. More have now been made available (Mar 2012)

Wu F, Shipman L, **Shahid M**

Audit of Wound Care knowledge amongst nursing care staff

There was poor knowledge of wound care amongst nursing staff (Apr 2012)

**Shahid M**, Saunders T, Ul Haque A

Compression Stockings in Spinal Patients.

We found compression stockings were incorrectly worn (Dec 2011)

**Shahid M**, Tindall A

Payment by Results. Are we missing something?

We found the trusts lost out financially due to suboptimal documentation in clinics (Jan 2010).

Patel A, **Shahid M**

Delays in Orthopaedic Surgery

Hip fracture patients were delayed due to inadequate warfarin reversal and awaiting echocardiogram.

Presented at Colchester Hospital Clinical Governance meeting (Dec 2008)

Hujazi I, **Shahid M**

Secondary prevention of Hip fractures

We looked at all patients who had fragility fractures and found only 5% were given bone protection on discharge  
Presented at Colchester Hospital Clinical Governance meeting (Dec 2008)

**Shahid M**, Thakore S, Morgan R, Henckl J

The prescribing of Trimethoprim in the A&E setting

Doctors were prescribing trimethoprim for longer than necessary  
Presented at UCLH interdepartmental meeting (Oct 2005)

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## Management and Leadership

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I am very organised and enjoy taking responsibility for tasks. I am highly effective and can motivate others to achieve set targets. I understand the importance of timescales and multitasking in order to get jobs done

June 2016

**Mini MBA** - London School of Business and Finance

This was an interesting course and it gave me a better insight into my own personality. I also now have a clearer understanding of finance and how this relates to the NHS.

June 2016

**Rapporteur - Beyond Compliance Advisory Group.**

Am a member of an advisory group where we work with implant manufacturers to assess the relative risk of any new product, the rate at which it should be introduced to the market and any surveillance.

15<sup>th</sup> Dec 2015

**Spending a day with the chief executive of Walsall Manor NHS Trust**

I attended finance meetings and got a flavour of the importance of being financially prudent

Feb 2013 to Aug 2014

**Rota coordinator** for the junior doctors and orthopaedic trainees at the Royal Orthopaedic Hospital

I had to liaise with human resources and the clinical staff to ensure all clinical duties were covered in the whole of the orthopaedic department. At times this was challenging but I learnt how to manage and negotiate with different team members.

Apr 2013

Course Convenor: Organising and collating patients for the Sandwell FRCS revision course

**Associate Editor for The International Journal of Surgery - 2004**

My role was to review submitted articles and promote the journal

**Student BMJ**

I was a reviewer for the Student BMJ

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## Teaching

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I regularly teach medical students and junior doctors through a mixture of lectures, small group sessions and bedside teaching. I have delivered several lectures to the Birmingham Orthopaedic postgraduate teaching programme as well as to nurses and allied health professionals. I have received excellent formal and informal feedback from these teaching sessions.

I have extensive experience of supervising both core trainees and more junior registrars in operations such as hip hemiarthroplasty, sliding hip screw fixation, ankle ORIF and fracture manipulations with and without supplementary fixation.

I have also lectured to Toronto University Medical Students.

Formal

- Journal Club at Walsall Manor Hospital
- Module lead and teaching orthopaedic registrars on the Birmingham Orthopaedic Training Program
- Clinical Lecturer, Birmingham Medical School – Aug 2014 to Feb 2015
- GMC Orthopaedic Pilot Program – formulating SBA questions and OSCE stations
- Course convenor for the City and Sandwell FRCS Orth course – helped collate patients, organise and run the course
- Shoulder Problems in Orthopaedics – to Medical Students at City Hospital
- Medical ethics: Duties of care, informed consent, medical negligence, legal aspects of adult and child protection. For core surgical trainees in Feb 2013
- GP trainees at Royal Orthopaedic Hospital
- Antibiotic use in open fractures – Presented in March 2009 to orthopaedic surgeons at Colchester Hospital
- Presentation of distal radial fractures in weekly teaching at QE2 hospital, Welwyn Garden City
- Case presentation at The Royal Society of Medicine for the
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Informal

- Supervised FRCS Revision for pre exam registrars
- Have taken junior trainees through procedures e.g. knee injections, ankle fixation, DHS, hip hemiarthroplasty
- Hip and Knee replacements to a trainee – Observation of Teaching completed on ISCP
- Educating patients about their medical problems
- Taken responsibility for co-ordinating medical student activities by allocating patients, allowing them to present and then discussing the management plan.
- Participated in the “**So you want to do Medicine**” course at Stanmore where A level students have shadowed me and I have explained what it is like to be a junior doctor.

## Courses and Meetings

British Orthopaedic Association Congress	Sep 2017
London Hip Meeting	May 2016
Nottingham Hip Revision Course	May 2016
ATLS Reverification course	Oct 2015
Exeter Level 2 Hip Course	Jun 2015
Hip and Knee Arthroplasty Cadaveric Course, York	May 2015
Good Clinical Practice (GCP)	Apr 2015
Equality and Diversity	Apr 2015
Train the Trainer Course	Mar 2015
Bristol Pelvic Course	Mar 2015
Basic sciences course (Warwick)	Oct 2013
Edinburgh Trauma Instructional Course	Aug 2013
Total Hip Replacement Workshop (Stryker)	Apr 2013
Anatomy and Surgical Exposures Course, Oswestry	Oct 2012
British Orthopaedic Association Congress, Manchester	Sep 2012
British Society for the Hand Instructional Course, Manchester	Jun 2012
Pulvertaft Mini C Arm Course, Derby (Online)	Feb 2012
Advanced Trauma Life Support, Manor Hospital	Oct 2011
European Association of Clinical Anatomy, Ankle dissection, Padua, Italy	Jul 2011
Spinal Skills Course (Guy’s Hospital, London)	Apr 2011
British Orthopaedic Association Instructional Course	Jan 2011
Intermediate Knee Arthroscopy	Jun 2010
JRI Hip Arthroplasty	Jan 2010

Knee Arthroplasty Course, Tunbridge Wells	Dec 2009
External Fixators, Leeds	Oct 2009
Basic Knee Arthroplasty Course, Cardiff	Sep 2009
Basic Hip Arthroplasty Course, Cardiff	Sep 2009
Basic Knee Arthroscopy Course, (RCS England)	Jun 2009
AO Basic Principles in Fracture Management (Seattle, USA)	Aug 2008
Basic Fracture Management Course (RNOH, Stanmore)	Apr 2008
Advanced Life Support (Harefield Hospital, London)	Oct 2006
Spinal Imaging, (RNOH, Stanmore)	Jan 2006
Basic Surgical Skills, (RCS, England)	Apr 2006
Northwick Park Radiology Course, Northwick Park	Mar 2006
Advanced Trauma Life Support (ATLS), (RNOH, Stanmore)	Dec 2006
Paediatric Life Support (PLS), UCLH	Nov 2005
Advanced Cardiac Life Support (ACLS), St Bartholomew's Hospital	Jun 2004